

SOPHOMORE YEAR TIME LINE

As you settle into the high school experience, sophomore year is a great time to engage in opportunities to assist in discovering personal preferences regarding potential college and career options. Explore your career options in more detail - research possible careers to learn about the tasks, education, and training necessary for each occupation. Stay involved with your extracurricular activities (or begin new ones) and work towards leadership positions in the activities you like best. Consider involvement in community service/volunteer activities and explore summer enrichment opportunities. Begin to develop a basic understanding of the process for both college admissions and financial aid. *Meet with your counselor: explore future goals and possibilities!*

August through June

- Concentrate on academic preparation.
- Develop and deepen non-classroom activities to show involvement, leadership, and commitment.
- Begin keeping a record of all school and community service. Know the CHHS Service Learning requirements for graduation.
- If you don't already have one, set up a NAVIANCE ACCOUNT. Email your counselor for help with this. Update your personal information profile and resume on Naviance.
- Thinking about goals and interests in terms of possible majors and careers is helpful. Take the Naviance "Career Interest Profiler" to identify potential career fields and college majors. You can also do college searches on Naviance: <http://connection.naviance.com/chhsnc/>.
- Another free website to help with your college/community college, career, and scholarship exploration is: www.CFNC.org. Stop by the CIC office if you need assistance with either of these websites.
- Visit the CIC website: Chapel Hill High School homepage, click on CHHS CIC (Counseling/Student Services), and select Career Information Center from the drop down menu. For information on cash or enrichment opportunities for the school year and summer, Counselors' Corner, jobs, and more.
- Ask your Career Development Coordinator about apprenticeship programs and internships while in high school.

September

- Consider attending the CHCCS & Orange County College Fair in September at the Dean E. Smith Center.
- Sign up to visit with college representatives who are coming to the CHHS CIC during the school year.

October

- Take the PLAN, given to all Sophomores at CHHS.
- Start researching ACT & SAT resources and study guides. (Juniors take the ACT in March).
 - SAT resources are available at www.collegeboard.org
 - ACT resources are available at www.actstudent.org
- Ask the career development coordinator about the **Career and College Promise Program**.
(Dual enrollment opportunity - earn up to 15 college transfer credits and/or certifications while in high school).

November

- Attend **Sophomore Parent Night in November**.
- Attend Career Expo in your area or a Career Fair.

January through May

- Develop possibilities and plans for worthwhile **summer** activities. Check the CIC website for programs, upcoming events and job opportunities. See your counselor for more information.
- If you haven't already, begin to complete service learning hours. (minimum of 25 required for graduation)
 - Service learning website – <http://www.chccs.k12.nc.us/academics/service-learning>
- **Plan early for something fun and interesting for your summer break.** ☺

February

- **Registration for upcoming school year starts.**
- Check with your counselors and/or teachers for help in making future course selections in your area of interest for junior year.